



DISASTER SUPPLY KIT CHECK LIST

Plan to have enough supplies to meet the needs of your family, including pets, for a minimum of five (5) days. Take this list with you when you go shopping so you won't forget anything

Water

Storing water is one of the most important things you can do for a disaster. Use the following guidelines:

- Store water in plastic containers – Plastic soft drink bottles are good. Don't use milk cartons or glass bottles.
- You should have at least one gallon of water per person in the home (and pets) for at least 5 days.

Stored water needs to be treated to make sure it will be safe to drink when you need it. You can do this by adding four drops of bleach per quart of water. The liquid bleach should have 5.25 percent sodium hypochlorite and NO SOAP!

Food

You will need a five-day supply of non-perishable food. Non-perishable means food that can stay good for a long time without needing to be in the refrigerator. It is also good if the food doesn't need to be cooked. Here are some suggestions:

<input type="checkbox"/> Ready to Eat Canned Meats	<input type="checkbox"/> Cereal
<input type="checkbox"/> Peanut butter and crackers	<input type="checkbox"/> Unsalted nuts and seeds
<input type="checkbox"/> Fruits and vegetables	<input type="checkbox"/> Canned juice, milk
<input type="checkbox"/> Breakfast bars	<input type="checkbox"/> Canned soup
<input type="checkbox"/> Instant coffee and tea	<input type="checkbox"/> Baby food
<input type="checkbox"/> Cookies, trail mix, other snacks	<input type="checkbox"/> Pet food

- Non-electric can opener



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First Aid

Listed below are some of the items that should be included in your First Aid kit:

- Band Aids
- Sterile gauze pads
- Hypoallergenic adhesive tape
- Scissors
- Antacid
- Aspirin or other pain reliever
- Allergy medications
- Petroleum jelly
- Thermometer
- Anti-diarrhea medicine
- Soap
- Sunscreen
- Moisten Towelettes

Tools & Supplies

Listed below are some of the tools and supplies that you may want to include in your disaster supply kit. Keep in mind that you may have to leave your home and you would need a convenient method to take these items with you.

- Battery-operated radio
- Extra batteries
- Flashlight
- Toilet paper
- Pliers
- Compass
- Tape
- Utility knife (like a Swiss Army knife)
- Plates and cups made of paper or plastic
- Matches in a waterproof container
- Fire extinguisher (ABC type)
- Plastic garbage bags
- Shut-off wrench to turn off the gas and water to your house
- Cash. ATM's and credit card readers may not work after a disaster. Keep small bills (5,10,20's) on hand

Clothing & Bedding

Everyone in your house should have a complete change of clothes and a pair of sturdy shoes or boots stored in the disaster kit. You should also have rain gear, thermal underwear and blankets or sleeping bags.

